

## **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra
MD (Pathology & Microbiology)
Chairman & Consultant Pathologist

Dr. Yugam Chopra
MD (Pathology)
CEO & Consultant Pathologist

NAME : Mrs. SEEMA

**AGE/ GENDER** : 55 YRS/FEMALE **PATIENT ID** : 1541044

COLLECTED BY : REG. NO./LAB NO. : 012407070004

 REFERRED BY
 : 07/Jul/2024 08:07 AM

 BARCODE NO.
 : 01512656
 COLLECTION DATE
 : 07/Jul/2024 09:05 AM

 CLIENT CODE.
 : KOS DIAGNOSTIC LAB
 REPORTING DATE
 : 07/Jul/2024 02:07 PM

CLIENT ADDRESS : 6349/1, NICHOLSON ROAD, AMBALA CANTT

Test Name Value Unit Biological Reference interval

# HAEMATOLOGY GLYCOSYLATED HAEMOGLOBIN (HBA1C)

GLYCOSYLATED HAEMOGLOBIN (HbA1c): 5.6 % 4.0 - 6.4

WHOLE BLOOD

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

ESTIMATED AVERAGE PLASMA GLUCOSE

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

114.02 mg/dL 60.00 - 140.00

### **INTERPRETATION:**

AS PER AMERICAN DI	ABETES ASSOCIATION (ADA):		
REFERENCE GROUP	GLYCOSYLATED HEMOGLOGIB (HBAIC) in %		
Non diabetic Adults >= 18 years	<5.7		
At Risk (Prediabetes)	5.7 – 6.4		
Diagnosing Diabetes	>= 6.5		
	Age > 19 Years		
Therapeutic goals for glycemic control	Goals of Therapy:	< 7.0	
	Actions Suggested:	>8.0	
	Age < 19 Years		
	Goal of therapy:	<7.5	

### COMMENTS:

- 1. Glycosylated hemoglobin (HbA1c) test is three monthly monitoring done to assess compliace with therapeutic regimen in diabetic patients.
- 2. Since Hb1c reflects long term fluctuations in blood glucose concentration, a diabetic patient who has recently under good control may still have high concentration of HbAlc. Converse is true for a diabetic previously under good control but now poorly controlled.
- 3. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targetting a goal of < 7.0% may not be appropriate.

  4. High

 $HbA1c \ (> 9.0 \ -9.5 \ \%) \ is \ strongly \ associated \ with \ risk \ of \ development \ and \ rapid \ progression \ of \ microvascular \ and \ nerve \ complications$ 

5. Any condition that shorten RBC life span like acute blood loss, hemolytic anemia falsely lower HbA1c results.

6.HbA1c results from patients with HbSS,HbSC and HbD must be interpreted with caution, given the pathological processes including anemia,increased red cell turnover, and transfusion requirement that adversely impact HbA1c as a marker of long-term gycemic control.

7. Specimens from patients with polycythemia or post-splenctomy may exhibit increse in HbA1c values due to a somewhat longer life span of the red cells.



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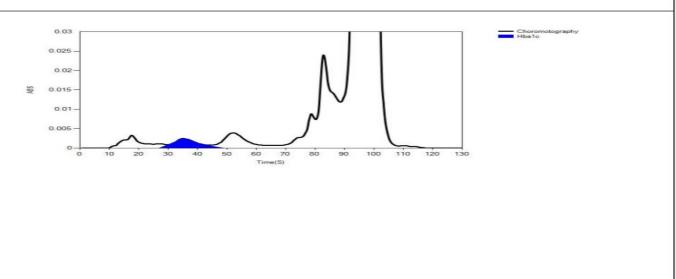
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#### LIFOTRONIC Graph Report

Name :	Case:	Patient Type :	Test Date: 07/07/2024 13:51:58
Age:	Department:	Sample Type: Whole Blood EDTA	Sample Id: 01512656
Gender:			Total Area: 7620

Peak Name	Retention Time(s)	Absorbance	Area	Result (Area %)
HbA0	70	2038	6515	52.0
HbA1c	38	39	701	5.6
La1c	25	25	212	1.7
HbF	19	11	15	0.1
Hba1b	13	34	113	0.9
Hba1a	11	21	64	0.5



\*\*\* End Of Report \*\*\*

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