

## **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra
MD (Pathology & Microbiology)
Chairman & Consultant Pathologist

Dr. Yugam Chopra

MD (Pathology)

CEO & Consultant Pathologist

NAME : Mr. ISHU

**AGE/ GENDER** : 35 YRS/MALE **PATIENT ID** : 1556418

COLLECTED BY : REG. NO./LAB NO. : 012407220006

 REFERRED BY
 : 22/Jul/2024 08:25 AM

 BARCODE NO.
 : 01513585
 COLLECTION DATE
 : 22/Jul/2024 08:40 AM

 CLIENT CODE.
 : KOS DIAGNOSTIC LAB
 REPORTING DATE
 : 22/Jul/2024 02:33 PM

CLIENT ADDRESS : 6349/1, NICHOLSON ROAD, AMBALA CANTT

Test Name Value Unit Biological Reference interval

### HAEMATOLOGY

### **GLYCOSYLATED HAEMOGLOBIN (HBA1C)**

GLYCOSYLATED HAEMOGLOBIN (HbA1c): 6.4
WHOLE BLOOD

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

ESTIMATED AVERAGE PLASMA GLUCOSE

ESTIMATED AVERAGE PLASIVIA GLUCUSE

 $\textit{by HPLC} \ (\textit{HIGH PERFORMANCE LIQUID CHROMATOGRAPHY})$ 

136.98

mg/dL 60.00 - 140.00

4.0 - 6.4

#### **INTERPRETATION:**

AS PER AMERICAN DI	ABETES ASSOCIATION (ADA):			
REFERENCE GROUP	GLYCOSYLATED HEMOGLOGIB (HBAIC) in %			
Non diabetic Adults >= 18 years	<5.7			
At Risk (Prediabetes)	5.7 – 6.4			
Diagnosing Diabetes	>= 6.5			
	Age > 19 Years			
	Goals of Therapy:	< 7.0		
Therapeutic goals for glycemic control	Actions Suggested:	>8.0		
	Age < 19 Years			
	Goal of therapy:	<7.5		

#### COMMENTS:

- 1. Glycosylated hemoglobin (HbA1c) test is three monthly monitoring done to assess compliace with therapeutic regimen in diabetic patients.
- 2. Since Hb1c reflects long term fluctuations in blood glucose concentration, a diabetic patient who has recently under good control may still have high concentration of HbAlc. Converse is true for a diabetic previously under good control but now poorly controlled.
- 3. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targetting a goal of < 7.0% may not be appropriate.

  4. High

HbA1c (>9.0 -9.5 %) is strongly associated with risk of development and rapid progression of microvascular and nerve complications

5. Any condition that shorten RBC life span like acute blood loss, hemolytic anemia falsely lower HbA1c results.

6.HbA1c results from patients with HbSS,HbSC and HbD must be interpreted with caution, given the pathological processes including anemia,increased red cell turnover, and transfusion requirement that adversely impact HbA1c as a marker of long-term gycemic control.

7. Specimens from patients with polycythemia or post-splenctomy may exhibit increse in HbA1c values due to a somewhat longer life span of the red cells.



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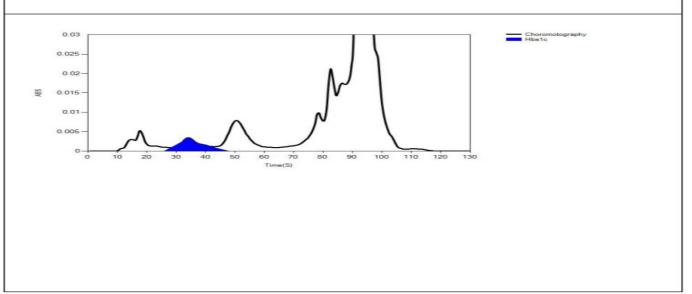
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#### LIFOTRONIC Graph Report

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Name :	Case:	Patient Type :	Test Date: 22/07/2024 14:22:22	ı
Age:	Department:	Sample Type: Whole Blood EDTA	Sample ld: 01513585	ı
Gender:			Total Area : 12202	ı

Peak Name	Retention Time(s)	Absorbance	Area	Result (Area %)
HbA0	68	3829	10941	87.1
HbA1c	37	79	805	6.4
La1c	25	34	200	1.6
HbF	21	9	13	0.1
Hba1b	13	54	145	1.1
Hba1a	11	30	98	0.8



\*\*\* End Of Report \*\*\*

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