

## **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra
MD (Pathology & Microbiology)
Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

60.00 - 140.00

NAME : Mrs. PRABHJOT KAUR

AGE/ GENDER : 39 YRS/FEMALE PATIENT ID : 1566238

COLLECTED BY : REG. NO./LAB NO. : 012407310046

 REFERRED BY
 : 31/Jul/2024 11:50 AM

 BARCODE NO.
 : 01514186

 COLLECTION DATE
 : 31/Jul/2024 12:08PM

CLIENT CODE. : KOS DIAGNOSTIC LAB REPORTING DATE : 31/Jul/2024 02:25PM

CLIENT ADDRESS : 6349/1, NICHOLSON ROAD, AMBALA CANTT

Test Name Value Unit Biological Reference interval

#### **HAEMATOLOGY**

### **GLYCOSYLATED HAEMOGLOBIN (HBA1C)**

GLYCOSYLATED HAEMOGLOBIN (HbA1c): 6.7<sup>H</sup> % 4.0 - 6.4 WHOLE BLOOD

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

ESTIMATED AVERAGE PLASMA GLUCOSE 145.59<sup>H</sup> mg/dL

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY) INTERPRETATION:

AS PER AIVIERICAN DIA	ABETES ASSOCIATION (ADA):	
REFERENCE GROUP	GLYCOSYLATED HEMOGLOGIB (HBAIC) in %	
Non diabetic Adults >= 18 years	<5.7	
At Risk (Prediabetes)	5.7 – 6.4	
Diagnosing Diabetes	>= 6.5	
Therapeutic goals for glycemic control	Age > 19 Years	
	Goals of Therapy:	< 7.0
	Actions Suggested:	>8.0
	Age < 19 Years	
	Goal of therapy:	<7.5

#### COMMENTS:

- 1. Glycosylated hemoglobin (HbA1c) test is three monthly monitoring done to assess compliace with therapeutic regimen in diabetic patients.
- 2. Since Hb1c reflects long term fluctuations in blood glucose concentration, a diabetic patient who has recently under good control may still have high concentration of HbAlc. Converse is true for a diabetic previously under good control but now poorly controlled.
- 3. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targetting a goal of < 7.0% may not be appropriate.

  4. High
- HbA1c (>9.0 -9.5 %) is strongly associated with risk of development and rapid progression of microvascular and nerve complications
- 5.Any condition that shorten RBC life span like acute blood loss, hemolytic anemia falsely lower HbA1c results.
- 6.HbA1c results from patients with HbSS,HbSC and HbD must be interpreted with caution, given the pathological processes including anemia,increased red cell turnover, and transfusion requirement that adversely impact HbA1c as a marker of long-term gycemic control.
- 7. Specimens from patients with polycythemia or post-splenctomy may exhibit increse in HbA1c values due to a somewhat longer life span of the red cells.



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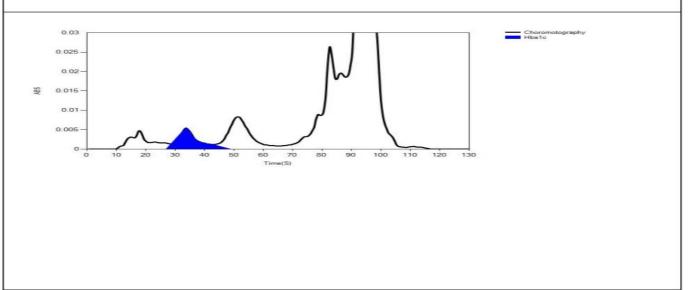
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#### LIFOTRONIC Graph Report

Name :	Case:	Patient Type :	Test Date: 31/07/2024 14:14:07
Age:	Department:	Sample Type: Whole Blood EDTA	Sample ld: 01514186
Gender:			Total Area: 12217

Peak Name	Retention Time(s)	Absorbance	Area	Result (Area %)
HbA0	69	3406	10763	84.6
HbA1c	38	83	857	6.7
La1c	24	54	349	2.7
HbF	18	16	16	0.1
Hba1b	13	48	133	1.0
Hba1a	11	31	99	0.8



\*\*\* End Of Report \*\*\*

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