

## **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra MD (Pathology & Microbiology) Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

**NAME** : Mr. AJAY KUMAR

**AGE/ GENDER** : 47 YRS/MALE **PATIENT ID** : 1570601

**COLLECTED BY** : 012408040072 REG. NO./LAB NO.

REFERRED BY **REGISTRATION DATE** : 04/Aug/2024 05:44 PM BARCODE NO. :01514461 **COLLECTION DATE** : 04/Aug/2024 05:49PM CLIENT CODE. : KOS DIAGNOSTIC LAB REPORTING DATE : 04/Aug/2024 07:27PM

**CLIENT ADDRESS** : 6349/1, NICHOLSON ROAD, AMBALA CANTT

Test Name Value Unit **Biological Reference interval** 

### **CLINICAL CHEMISTRY/BIOCHEMISTRY GLUCOSE RANDOM (R)**

94.93 GLUCOSE RANDOM (R): PLASMA mg/dL NORMAL: < 140.00

by GLUCOSE OXIDASE - PEROXIDASE (GOD-POD) PREDIABETIC: 140.0 - 200.0

DIABETIC: > OR = 200.0

IN ACCORDANCE WITH AMERICAN DIABETES ASSOCIATION GUIDELINES:

1. A random plasma glucose level below 140 mg/dl is considered normal.

2. A random glucose level between 140 - 200 mg/dl is considered as glucose intolerant or prediabetic. A fasting and post-prinadial blood test (after consumption of 75 gms of glucose) is recommended for all such patients.

3. A random glucose level of above 200 mg/dl is highly suggestive of diabetic state. A repeat post-prandial is strongly recommended for all such patients. A fasting plasma glucose level in excess of 125 mg/dl on both occasions is confirmatory for diabetic state.



CONSULTANT PATHOLOGIST MBBS, MD (PATHOLOGY & MICROBIOLOGY) DR.YUGAM CHOPRA CONSULTANT PATHOLOGIST





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**CHOLESTEROL: SERUM** 

CHOLESTEROL TOTAL: SERUM 273.18<sup>H</sup> mg/dL OPTIMAL: < 200.0

by CHOLESTEROL OXIDASE PAP

BORDERLINE HIGH: 200.0 - 239.0

HIGH CHOLESTEROL: > OR = 240.0

#### **INTERPRETATION:**

| NATIONAL LIPID ASSOCIATION<br>RECOMMENDATIONS (NLA-2014) | CHOLESTEROL IN ADULTS (mg/dL) | CHOLESTEROL IN ADULTS (mg/dL) |
|--|-------------------------------|-------------------------------|
| DESIRABLE  | < 200.0                       | < 170.0                       |
| BORDERLINE HIGH  | 200.0 – 239.0                 | 171.0 – 199.0                 |
| HIGH   | >= 240.0                      | >= 200.0                      |

#### NOTE:

1. Measurements in the same patient can show physiological & analytical variations. Three serial samples 1 week apart are recommended for Total Cholesterol, Triglycerides, HDL & LDL Cholesterol.

2. As per National Lipid association - 2014 guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.

\*\*\* End Of Report \*\*\*



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