

## **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra MD (Pathology & Microbiology) Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

: Mrs. SHEELA DEVI **NAME** 

**AGE/ GENDER** : 72 YRS/FEMALE **PATIENT ID** : 1574356

**COLLECTED BY** REG. NO./LAB NO. :012408080024

REFERRED BY **REGISTRATION DATE** : 08/Aug/2024 10:02 AM BARCODE NO. :01514698 **COLLECTION DATE** : 08/Aug/2024 10:07AM CLIENT CODE. : KOS DIAGNOSTIC LAB REPORTING DATE : 08/Aug/2024 12:55PM

**CLIENT ADDRESS** : 6349/1, NICHOLSON ROAD, AMBALA CANTT

Test Name Value Unit **Biological Reference interval** 

### **HAEMATOLOGY**

### **GLYCOSYLATED HAEMOGLOBIN (HBA1C)**

GLYCOSYLATED HAEMOGLOBIN (HbA1c):

WHOLE BLOOD

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

ESTIMATED AVERAGE PLASMA GLUCOSE

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY) **INTERPRETATION:** 

8.1H

185.77<sup>H</sup>

mg/dL

60.00 - 140.00

4.0 - 6.4

| AS PER AMERICAN DI                     | ABETES ASSOCIATION (ADA): |                   |  |
|--|---------------------------|-------------------|--|
| REFERENCE GROUP                        | GLYCOSYLATED HEMOGL       | OGIB (HBAIC) in % |  |
| Non diabetic Adults >= 18 years        | <5.7                      |                   |  |
| At Risk (Prediabetes)                  | 5.7 – 6.4                 | 1                 |  |
| Diagnosing Diabetes                    | >= 6.5                    |                   |  |
| Therapeutic goals for glycemic control | Age > 19 Years            |                   |  |
|  | Goals of Therapy:         | < 7.0             |  |
|  | Actions Suggested:        | >8.0              |  |
|  | Age < 19 Years            |                   |  |
|  | Goal of therapy:          | <7.5              |  |

#### COMMENTS:

- 1. Glycosylated hemoglobin (HbA1c) test is three monthly monitoring done to assess compliace with therapeutic regimen in diabetic patients.
- 2. Since Hb1c reflects long term fluctuations in blood glucose concentration, a diabetic patient who has recently under good control may still have high concentration of HbAlc. Converse is true for a diabetic previously under good control but now poorly controlled.
- 3. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targetting a goal of < 7.0% may not be appropiate 4.High

HbA1c (>9.0 -9.5 %) is strongly associated with risk of development and rapid progression of microvascular and nerve complications

5.Any condition that shorten RBC life span like acute blood loss, hemolytic anemia falsely lower HbA1c results.

6.HbA1c results from patients with HbSS,HbSC and HbD must be interpreted with caution, given the pathological processes including anemia, increased red cell turnover, and transfusion requirement that adversely impact HbA1c as a marker of long-term gycemic control.

7. Specimens from patients with polycythemia or post-splenctomy may exhibit increse in HbA1c values due to a somewhat longer life span of the red cells.



CONSULTANT PATHOLOGIST MBBS, MD (PATHOLOGY & MICROBIOLOGY)

DR.YUGAM CHOPRA CONSULTANT PATHOLOGIST



KOS Central Lab: 6349/1, Nicholson Road, Ambala Cantt -133 001, Haryana



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MD (Pathology)
CEO & Consultant Pathologist

NAME : Mrs. SHEELA DEVI

**AGE/ GENDER** : 72 YRS/FEMALE **PATIENT ID** : 1574356

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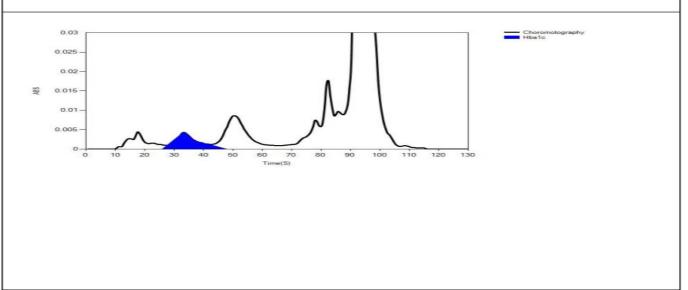
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Test Name Value Unit Biological Reference interval

#### LIFOTRONIC Graph Report

| Name :  | Case:       | Patient Type :                | Test Date: 08/08/2024 12:39:52 |
|---------|-------------|-------------------------------|--------------------------------|
| Age:    | Department: | Sample Type: Whole Blood EDTA | Sample ld: 01514698            |
| Gender: |             |                               | Total Area: 10794              |

| Peak Name | Retention Time(s) | Absorbance | Area | Result (Area %) |
|-----------|-------------------|------------|------|-----------------|
| HbA0      | 68                | 3202       | 9480 | 85.9            |
| HbA1c     | 37                | 86         | 900  | 8.1             |
| La1c      | 24                | 43         | 203  | 1.8             |
| HbF       | 21                | 10         | 11   | 0.1             |
| Hba1b     | 13                | 45         | 120  | 1.1             |
| Hba1a     | 10                | 27         | 80   | 0.7             |



\*\*\* End Of Report \*\*\*

DR.VINAY CHOPRA
CONSULTANT PATHOLOGIST
MBBS, MD (PATHOLOGY & MICROBIOLOGY)

DR.YUGAM CHOPRA
CONSULTANT PATHOLOGIST
MBBS , MD (PATHOLOGY)



KOS Central Lab: 6349/1, Nicholson Road, Ambala Cantt -133 001, Haryana
KOS Molecular Lab: IInd Floor, Parry Hotel, Staff Road, Opp. GPO, Ambala Cantt -133 001, Haryana
0171-2643898, +91 99910 43898 | care@koshealthcare.com | www.koshealthcare.com