

**Dr. Vinay Chopra**  
 MD (Pathology & Microbiology)  
 Chairman & Consultant Pathologist

**Dr. Yugam Chopra**  
 MD (Pathology)  
 CEO & Consultant Pathologist

<b>NAME</b>	: Mr. ASHWANI GOEL	<b>PATIENT ID</b>	: 1599331
<b>AGE/ GENDER</b>	: 60 YRS/MALE	<b>REG. NO./LAB NO.</b>	: 012409020060
<b>COLLECTED BY</b>	: SURJESH	<b>REGISTRATION DATE</b>	: 02/Sep/2024 01:53 PM
<b>REFERRED BY</b>	:	<b>COLLECTION DATE</b>	: 02/Sep/2024 01:54PM
<b>BARCODE NO.</b>	: 01516194	<b>REPORTING DATE</b>	: 02/Sep/2024 02:31PM
<b>CLIENT CODE.</b>	: KOS DIAGNOSTIC LAB		
<b>CLIENT ADDRESS</b>	: 6349/1, NICHOLSON ROAD, AMBALA CANTT		

Test Name	Value	Unit	Biological Reference interval
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### HAEMATOLOGY

#### GLYCOSYLATED HAEMOGLOBIN (HbA1C)

<b>GLYCOSYLATED HAEMOGLOBIN (HbA1c):</b>	9.8 <sup>H</sup>	%	4.0 - 6.4
<b>WHOLE BLOOD</b>			
<i>by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)</i>			
<b>ESTIMATED AVERAGE PLASMA GLUCOSE</b>	234.56 <sup>H</sup>	mg/dL	60.00 - 140.00
<i>by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)</i>			

#### INTERPRETATION:


#### AS PER AMERICAN DIABETES ASSOCIATION (ADA):


REFERENCE GROUP	GLYCOSYLATED HEMOGLOBIN (HbA1C) in %
Non diabetic Adults >= 18 years	<5.7
At Risk (Prediabetes)	5.7 – 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	<b>Age &gt; 19 Years</b>
	Goals of Therapy: < 7.0
	Actions Suggested: >8.0
	<b>Age &lt; 19 Years</b>
	Goal of therapy: <7.5

#### COMMENTS:

- Glycosylated hemoglobin (HbA1c) test is three monthly monitoring done to assess compliance with therapeutic regimen in diabetic patients.
- Since Hb1c reflects long term fluctuations in blood glucose concentration, a diabetic patient who has recently under good control may still have high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0% may not be appropriate.
- High HbA1c (>9.0 -9.5 %) is strongly associated with risk of development and rapid progression of microvascular and nerve complications
- Any condition that shortens RBC life span like acute blood loss, hemolytic anemia falsely lowers HbA1c results.
- HbA1c results from patients with HbSS, HbSC and HbD must be interpreted with caution, given the pathological processes including anemia, increased red cell turnover, and transfusion requirement that adversely impact HbA1c as a marker of long-term glycemic control.
- Specimens from patients with polycythemia or post-splenectomy may exhibit increase in HbA1c values due to a somewhat longer life span of the red cells.



  
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## CLINICAL CHEMISTRY/BIOCHEMISTRY

### UREA

UREA: SERUM by UREASE - GLUTAMATE DEHYDROGENASE (GLDH)	71.43 <sup>H</sup>	mg/dL	10.00 - 50.00
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NOTE: RECHECKED TWICE



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**CREATININE**

<b>CREATININE: SERUM</b> <i>by ENZYMATIC, SPECTROPHOTOMETRY</i> <b>NOTE:RECHECKED TWICE</b>	3.24 <sup>H</sup>	mg/dL	0.40 - 1.40
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#### ELECTROLYTES COMPLETE PROFILE

<b>SODIUM: SERUM</b> <i>by ISE (ION SELECTIVE ELECTRODE)</i>	134.2 <sup>L</sup>	mmol/L	135.0 - 150.0
<b>POTASSIUM: SERUM</b> <i>by ISE (ION SELECTIVE ELECTRODE)</i>	4.24	mmol/L	3.50 - 5.00
<b>CHLORIDE: SERUM</b> <i>by ISE (ION SELECTIVE ELECTRODE)</i>	100.65	mmol/L	90.0 - 110.0

#### INTERPRETATION:-

##### SODIUM:-

Sodium is the major cation of extra-cellular fluid. Its primary function in the body is to chemically maintain osmotic pressure & acid base balance & to transmit nerve impulse.

##### HYPONATREMIA (LOW SODIUM LEVEL) CAUSES:-

1. Low sodium intake.
2. Sodium loss due to diarrhea & vomiting with adequate water and iadequate salt replacement.
3. Diuretics abuses.
4. Salt loosing nephropathy.
5. Metabolic acidosis.
6. Adrenocortical issuficiency .
7. Hepatic failure.

##### HYPERNATREMIA (INCREASED SODIUM LEVEL) CAUSES:-

1. Hyperapnea (Prolonged)
2. Diabetes insipidus
3. Diabetic acidosis
4. Cushings syndrome
5. Dehydration

##### POTASSIUM:-

Potassium is the major cation in the intracellular fluid. 90% of potassium is concentrated within the cells. When cells are damaged, potassium is released in the blood.

##### HYPOKALEMIA (LOW POTASSIUM LEVELS):-

1. Diarrhoea, vomiting & malabsorption.
2. Severe Burns.
3. Increased Secretions of Aldosterone

##### HYPERKALEMIA (INCREASED POTASSIUM LEVELS):-

1. Oliguria
2. Renal failure or Shock
3. Respiratory acidosis





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4.Hemolysis of blood

\*\*\* End Of Report \*\*\*



  
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