

## **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra
MD (Pathology & Microbiology)
Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

NAME : Mrs. JYOTI BHALLA

AGE/ GENDER : 35 YRS/FEMALE PATIENT ID : 1604360

COLLECTED BY : REG. NO./LAB NO. : 012409180056

REFERRED BY: LOOMBA HOSPITAL (AMBALA CANTT)REGISTRATION DATE: 18/Sep/2024 12:55 PMBARCODE NO.: 01517215COLLECTION DATE: 18/Sep/2024 01:03PM

CLIENT ADDRESS : 6349/1, NICHOLSON ROAD, AMBALA CANTT

: KOS DIAGNOSTIC LAB

Test Name Value Unit Biological Reference interval

REPORTING DATE

# ENDOCRINOLOGY ESTRADIOL (E2)

ESTRADIOL (E2): SERUM 4760 pg/mL FEMALE FOLLICULAR PHASE: 19.5 -

by CMIA (CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY)

FEMALE MID CYCLE PHASE: 63.9 -

356.7

: 18/Sep/2024 03:09PM

FEMALE PRE OVULATORY PHASE:

136.0 - 251.0

FEMALE LUTEAL PHASE: 55.8 -

214.2

POST MENOPAUSAL: < 50.0

**INTEPRETATION:** 

CLIENT CODE.

OTHER MATERNAL FACTORS AND PREGNANCY	UNIIS	RANGE
Hormonal Contraceptives	pg/mL	15.0 – 95.0
1st Trimester (0 – 12 Weeks)	pg/mL	38.0 – 3175.0
2nd Trimester (13 – 28 Weeks)	pg/mL	678.0 - 16633.0
3rd Trimester (29 – 40 Weeks)	pg/mL	43.0 - 33781.0
Post Menopausal	Pg/mL	< 50.0
MALES:	pg/mL	< 40.0

- 1. Estrogens are involved in development and maintenance of the female phenotype, germ cell maturation, and pregnancy. They also are important for many other, nongender-specific processes, including growth, nervous system maturation, bone metabolism/remodeling, and endothelial responsiveness.
- 2. E2 is produced primarily in ovaries and testes by aromatization of testosterone.
- 3. Small amounts are produced in the adrenal glands and some peripheral tissues, most notably fat. E2 levels in premenopausal women fluctuate during the menstrual cycle.
- 4. They are lowest during the early follicular phase. E2 levels then rise gradually until 2 to 3 days before ovulation, at which stage they start to increase much more rapidly and peak just before the ovulation-inducing luteinizing hormone (LH)/follicle stimulating hormone (FSH) surge at 5 to 10 times the early follicular levels. This is followed by a modest decline during the ovulatory phase. E2 levels then increase again gradually until the midpoint of the luteal phase and thereafter decline to trough, early follicular levels.

### INDICATIONS FOR ASSAY: -

- 1. Evaluation of hypogonadism and oligo-amenorrhea in females.
- 2. Assessing ovarian status, including follicle development, for assisted reproduction protocols (eg, in vitro fertilization)
- 3. In conjunction with lutenizing hormone measurements, monitoring of estrogen replacement therapy in hypogonadal premenopausal women
- 4. Evaluation of feminization, including gynecomastia, in males.
- 5. Diagnosis of estrogen-producing neoplasms in males, and, to a lesser degree, females



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KOS Central Lab: 6349/1, Nicholson Road, Ambala Cantt -133 001, Haryana



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6. As part of the diagnosis and work-up of precocious and delayed puberty in females, and, to a lesser degree, males

- 7. As part of the diagnosis and work-up of suspected disorders of sex steroid metabolism,eg:aromatase deficiency and 17 alpha-hydroxylase deficiency
- 8. As an adjunct to clinical assessment, imaging studies and bone mineral density measurement in the fracture risk assessment of postmenopausal women, and, to a lesser degree, older men
- 9. Monitoring low-dose female hormone replacement therapy in post-menopausal women
- 10. Monitoring antiestrogen therapy (eg, aromatase inhibitor therapy).

### **CAUSES FOR INCREASED E2 LEVELS:**

- 1. High androgen levels caused by tumors or androgen therapy (medical or sport performance enhancing), with secondary elevations in E1 and E2 due to aromatization
- 2. Obesity with increased tissue production of E1
- 3. Decreased E1 and E2 clearance in liver disease
- 4. Estrogen producing tumors
- 5. Estrogen Ingestion

\*\*\* End Of Report \*\*\*



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