

## **KOS Diagnostic Lab**





Dr. Vinay Chopra MD (Pathology & Microbiology) Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

**NAME** : Mr. NANNA WARE LB

**AGE/ GENDER** : 40 YRS/MALE **PATIENT ID** : 1631965

**COLLECTED BY** REG. NO./LAB NO. :012410020019

REFERRED BY **REGISTRATION DATE** : 02/Oct/2024 10:00 AM BARCODE NO. :01518159 **COLLECTION DATE** : 02/Oct/2024 10:03AM CLIENT CODE. : KOS DIAGNOSTIC LAB REPORTING DATE : 02/Oct/2024 10:57AM

**CLIENT ADDRESS** : 6349/1, NICHOLSON ROAD, AMBALA CANTT

Test Name Value Unit **Biological Reference interval** 

## **CLINICAL CHEMISTRY/BIOCHEMISTRY**

LIPID PROFILE : BASIC					
CHOLESTEROL TOTAL: SERUM by CHOLESTEROL OXIDASE PAP	166.95	mg/dL	OPTIMAL: < 200.0 BORDERLINE HIGH: 200.0 - 239.0 HIGH CHOLESTEROL: > OR = 240.0		
TRIGLYCERIDES: SERUM by GLYCEROL PHOSPHATE OXIDASE (ENZYMATIC)	104.33	mg/dL	OPTIMAL: < 150.0 BORDERLINE HIGH: 150.0 - 199.0 HIGH: 200.0 - 499.0 VERY HIGH: > OR = 500.0		
HDL CHOLESTEROL (DIRECT): SERUM by SELECTIVE INHIBITION	35.25	mg/dL	LOW HDL: < 30.0 BORDERLINE HIGH HDL: 30.0 - 60.0 HIGH HDL: > OR = 60.0		
LDL CHOLESTEROL: SERUM by CALCULATED, SPECTROPHOTOMETRY	110.83	mg/dL	OPTIMAL: < 100.0 ABOVE OPTIMAL: 100.0 - 129.0 BORDERLINE HIGH: 130.0 - 159.0 HIGH: 160.0 - 189.0 VERY HIGH: > OR = 190.0		
NON HDL CHOLESTEROL: SERUM by CALCULATED, SPECTROPHOTOMETRY	131.7 <sup>H</sup>	mg/dL	OPTIMAL: < 130.0 ABOVE OPTIMAL: 130.0 - 159.0 BORDERLINE HIGH: 160.0 - 189.0 HIGH: 190.0 - 219.0 VERY HIGH: > OR = 220.0		
VLDL CHOLESTEROL: SERUM by CALCULATED, SPECTROPHOTOMETRY	20.87	mg/dL	0.00 - 45.00		
TOTAL LIPIDS: SERUM by CALCULATED, SPECTROPHOTOMETRY	438.23	mg/dL	350.00 - 700.00		
CHOLESTEROL/HDL RATIO: SERUM by CALCULATED, SPECTROPHOTOMETRY	4.74 <sup>H</sup>	RATIO	LOW RISK: 3.30 - 4.40 AVERAGE RISK: 4.50 - 7.0 MODERATE RISK: 7.10 - 11.0		



DR.VINAY CHOPRA CONSULTANT PATHOLOGIST MBBS, MD (PATHOLOGY & MICROBIOLOGY) DR.YUGAM CHOPRA CONSULTANT PATHOLOGIST





**HIGH RISK:** > 11.0



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(A Unit of KOS Healthcare)



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Test Name	Value	Unit	Biological Reference interval
LDL/HDL RATIO: SERUM by CALCULATED, SPECTROPHOTOMETRY	3.14 <sup>H</sup>	RATIO	LOW RISK: 0.50 - 3.0 MODERATE RISK: 3.10 - 6.0 HIGH RISK: > 6.0
TRIGLYCERIDES/HDL RATIO: SERUM by CALCULATED, SPECTROPHOTOMETRY	2.96 <sup>L</sup>	RATIO	3.00 - 5.00

**INTERPRETATION:** 

1. Measurements in the same patient can show physiological analytical variations. Three serial samples 1 week apart are recommended for Total Cholesterol, Triglycerides, HDL & LDL Cholesterol.

2. As per NLA-2014 guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the

age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.

3. Low HDL levels are associated with increased risk for Atherosclerotic Cardiovascular disease (ASCVD) due to insufficient HDL being available

to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.

4. NLA-2014 identifies Non HDL Cholesterol (an indicator of all atherogeniclipoproteins such as LDL, VLDL, IDL, Lpa, Chylomicron remnants) along with LDL-cholesterol as co-primary target for cholesterol lowering therapy. Note that major risk factors can modify treatment goals for LDL &Non

5. Additional testing for Apolipoprotein B, hsCRP,Lp(a) & LP-PLA2 should be considered among patients with moderate risk for ASCVD for risk refinement

End Of Report



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