

# KOS Diagnostic Lab (A Unit of KOS Healthcare)



Dr. Vinay Chopra
MD (Pathology & Microbiology)
Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

NAME : Mr. BALDEV SINGH

**AGE/ GENDER** : 77 YRS/MALE **PATIENT ID** : 1648783

COLLECTED BY : REG. NO./LAB NO. : 012410210001

 REFERRED BY
 : 21/Oct/2024 06:54 AM

 BARCODE NO.
 : 01519247
 COLLECTION DATE
 : 21/Oct/2024 06:56AM

 CLIENT CODE.
 : KOS DIAGNOSTIC LAB
 REPORTING DATE
 : 21/Oct/2024 12:02PM

CLIENT ADDRESS : 6349/1, NICHOLSON ROAD, AMBALA CANTT

Test Name Value Unit Biological Reference interval

### CLINICAL CHEMISTRY/BIOCHEMISTRY

GLUCOSE FASTING (F) AND POST PRANDIAL (PP)

GLUCOSE FASTING (F): PLASMA 110.22<sup>H</sup> mg/dL NORMAL: < 100.0 by GLUCOSE OXIDASE - PEROXIDASE (GOD-POD) PREDIARETIC: 100

PREDIABETIC: 100.0 - 125.0 DIABETIC: > 0R = 126.0

GLUCOSE POST PRANDIAL (PP): PLASMA 167.6<sup>H</sup> mg/dL NORMAL: < 140.00

by GLUCOSE OXIDASE - PEROXIDASE (GOD-POD)

PREDIABETIC: 140.0 - 200.0

DIABETIC: > 0R = 200.0

#### **INTERPRETATION:**

#### IN ACCORDANCE WITH AMERICAN DIABETES ASSOCIATION GUIDELINES:

1. A fasting plasma glucose below 100 mg/dL and post-prandial plasma glucose level below 140 mg/dl is considered normal.

- 2. A fasting plasma glucose level between 100 125 mg/dl and post-prandial plasma glucose level between 140 200 mg/dL is considered as glucose intolerant or pre diabetic. A fasting and post-prandial blood test (after consumption of 75 gms of glucose) is recommended for all such patients.
- 3. A fasting plasma glucose level of above 125 mg/dL and post-prandial plasma glucose level above 200 mg/dL is highly suggestive of diabetic state. A repeat post-prandial is strongly recommended for all such patients. A fasting plasma glucose level in excess of 125 mg/dl on both occasions is confirmatory for diabetic state.



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**CHOLESTEROL: SERUM** 

CHOLESTEROL TOTAL: SERUM 126.5 mg/dL OPTIMAL: < 200.0

by CHOLESTEROL OXIDASE PAP

BORDERLINE HIGH: 200.0 - 239.0

HIGH CHOLESTEROL: > OR = 240.0

#### **INTERPRETATION:**

NATIONAL LIPID ASSOCIATION RECOMMENDATIONS (NLA-2014)	CHOLESTEROL IN ADULTS (mg/dL)	CHOLESTEROL IN ADULTS (mg/dL)
DESIRABLE	< 200.0	< 170.0
BORDERLINE HIGH	200.0 – 239.0	171.0 - 199.0
HIGH	>= 240.0	>= 200.0

#### NOTE:

1. Measurements in the same patient can show physiological & analytical variations. Three serial samples 1 week apart are recommended for Total Cholesterol, Triglycerides, HDL & LDL Cholesterol.

2. As per National Lipid association - 2014 guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.

\*\*\* End Of Report \*\*\*



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