

# **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra MD (Pathology & Microbiology) Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

**NAME** : Mrs. ALKA

**AGE/ GENDER** : 32 YRS/FEMALE **PATIENT ID** : 1674738

**COLLECTED BY** REG. NO./LAB NO. :012411180005

REFERRED BY **REGISTRATION DATE** : 18/Nov/2024 08:04 AM BARCODE NO. :01520994 **COLLECTION DATE** : 18/Nov/2024 08:05AM CLIENT CODE. : KOS DIAGNOSTIC LAB REPORTING DATE : 18/Nov/2024 10:19AM

**CLIENT ADDRESS** : 6349/1, NICHOLSON ROAD, AMBALA CANTT

**Value** Unit **Biological Reference interval Test Name** 

# **ENDOCRINOLOGY**

# LUTEINISING HORMONE (LH)/FOLLICLE STIMULATING HORMONE (FSH) PROFILE WITH RATIO

LUTEINISING HORMONE (LH): SERUM mIU/mL MALES: 0.57 - 12.07 5.55

by CMIA (CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY) FOLLICULAR PHASE: 1.80 -

11.78

MID-CYCLE PEAK: 7.59 - 89.08 LUTEAL PHASE: 0.56 - 14.0 POST MENOPAUSAL WITHOUT

HRT: 5.16 - 61.99

FOLLICLE STIMULATING HORMONE (FSH): SERUM mIU/mL 8.47 FEMALE FOLLICULAR PHASE: by CMIA (CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY)

3.03 - 8.08

FEMALE MID-CYCLE PEAK: 2.55

- 16.69

FEAMLE LUTEAL PHASE: 1.38 -

5.47

FEMALE POST-MENOPAUSAL:

26.72 - 133.41 MALE: 0.95 - 11.95

LH:FSH RATIO: SERUM **RATIO** < 2.0 0.66 by CMIA (CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY)

INTERPRETATION: **LUTEINIZING HORMONE (LH)** 

**CLINICAL USE** 1. Diagnosis of gonadal function disorders

2. Diagnosis of pituitary disorders INCREASED LEVEL:

Primary hypogonadism
 Gonadotropin secreting pituitary tumors

**DECREASED LEVELS:** 

Hypothalamic GnRH deficiency
 Pituitary LH deficiency
 Ectopic steroid hormone production

4. GnRH Analog treatment



CONSULTANT PATHOLOGIST MBBS, MD (PATHOLOGY & MICROBIOLOGY) DR.YUGAM CHOPRA CONSULTANT PATHOLOGIST



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## **FOLLICLE STIMULATING HORMONE**

#### **CLINICAL USE:**

1. Diagnosis of gonadal function disorders

Management and treatment of infertility in both genders

### **INCREASED LEVELS**

Primary hypogonadism
 Gonadotropin secreting pituitary tumors

### **DECREASED LÉVELS:**

- Hypothalamic GnRH deficiency
  Pituitary FSH deficiency
- 3. Ectopic steroid hormone production

## LUTEINIZING HORMONE (LH)/FOLLICLE STIMULATING HORMONE (FSH) RATIO:

Polycystic Ovary Syndrome (PCOS), the most common endocrinological problem among women in the reproductive age, is characterized by chronic ovulatory dysfunction, hyper androgenism, and raised Luteinizing hormone: Follicle Stimulating Hormone (LH:FSH) ratio. Many women with PCOS have an abnormal FSH to LH ratio. In order for proper follicle and egg development to proceed, FSH (follicle stimulating hormone) and LH (luteinizing hormone) each need to be present at certain levels and at specific times during the normal menstrual cycle.

# UTILITY OF LH/FSH RATIO

- 1. Normally this ratio is about 1:1 meaning the FSH and LH levels in the blood are similar.
- 2. FSH and LH are often both in the range of about 4-8 in young fertile women.
- 3. In women with polycystic ovaries the LH to FSH ratio is often higher for example 2:1, or even 3:1.
- 4. With PCOS we often see the FSH in the range of about 4-8 as well but often the LH levels are 10-20.
- 5. It is common for women that clearly fit the PCOS syndrome in other ways to have normal serum FSH and LH levels and a normal FSH to LH ratio. 6. For this reason, testing of FSH and LH hormone levels is not always helpful when trying to diagnose PCOS.

\* End Of Report



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