

# **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra
MD (Pathology & Microbiology)
Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

4.0 - 6.4

NAME : Mr. RAKESH MADHO

AGE/ GENDER : 45 YRS/MALE PATIENT ID : 1676864

COLLECTED BY : REG. NO./LAB NO. : 012411200003

 REFERRED BY
 : 20/Nov/2024 07:39 AM

 BARCODE NO.
 : 01521116
 COLLECTION DATE
 : 20/Nov/2024 07:44AM

 CLIENT CODE.
 : KOS DIAGNOSTIC LAB
 REPORTING DATE
 : 20/Nov/2024 09:02AM

CLIENT ADDRESS : 6349/1, NICHOLSON ROAD, AMBALA CANTT

Test Name Value Unit Biological Reference interval

### HAEMATOLOGY

GLYCOSYLATED HAEMOGLOBIN (HbA1c): 5.8 %

WHOLE BLOOD

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

ESTIMATED AVERAGE PLASMA GLUCOSE 119.76 mg/dL 60.00 - 140.00

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

#### **INTERPRETATION:**

| AS PER AMERICAN DI                     | ABETES ASSOCIATION (ADA): |                   |  |
|--|---------------------------|-------------------|--|
| REFERENCE GROUP                        | GLYCOSYLATED HEMOGL       | OGIB (HBAIC) in % |  |
| Non diabetic Adults >= 18 years        | <5.7                      |                   |  |
| At Risk (Prediabetes)                  | 5.7 – 6.                  | 4                 |  |
| Diagnosing Diabetes                    | >= 6.5                    |                   |  |
|  | Age > 19 Y                | ears              |  |
|  | Goals of Therapy:         | < 7.0             |  |
| Therapeutic goals for glycemic control | Actions Suggested:        | >8.0              |  |
|  | Age < 19 Y                | ears              |  |
|  | Goal of therapy:          | <7.5              |  |

#### COMMENTS:

- 1. Glycosylated hemoglobin (HbA1c) test is three monthly monitoring done to assess compliace with therapeutic regimen in diabetic patients.
- 2. Since Hb1c reflects long term fluctuations in blood glucose concentration, a diabetic patient who has recently under good control may still have high concentration of HbAlc. Converse is true for a diabetic previously under good control but now poorly controlled.
- 3. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targetting a goal of < 7.0% may not be appropriate.

  4. High

HbA1c (>9.0 -9.5 %) is strongly associated with risk of development and rapid progression of microvascular and nerve complications

5.Any condition that shorten RBC life span like acute blood loss, hemolytic anemia falsely lower HbA1c results.

6.HbA1c results from patients with HbSS,HbSC and HbD must be interpreted with caution, given the pathological processes including anemia,increased red cell turnover, and transfusion requirement that adversely impact HbA1c as a marker of long-term gycemic control.

7. Specimens from patients with polycythemia or post-splenctomy may exhibit increse in HbA1c values due to a somewhat longer life span of the red cells.



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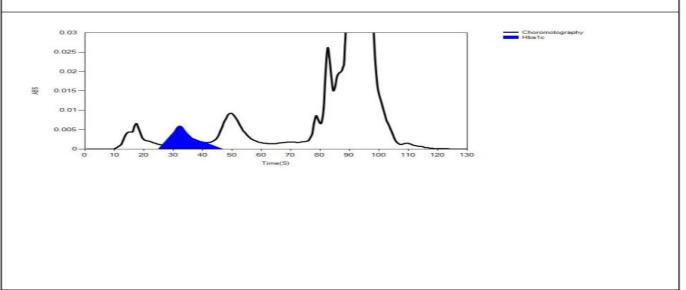
**CLIENT ADDRESS**: 6349/1, NICHOLSON ROAD, AMBALA CANTT

Test Name Value Unit Biological Reference interval

#### LIFOTRONIC Graph Report

| Name :  | Case:       | Patient Type :                | Test Date: 20/11/2024 08:40:32 |
|---------|-------------|-------------------------------|--------------------------------|
| Age:    | Department: | Sample Type: Whole Blood EDTA | Sample ld: 01521116            |
| Gender: |             |                               | Total Area: 17713              |

| Peak Name | Retention Time(s) | Absorbance | Area  | Result (Area %) |
|-----------|-------------------|------------|-------|-----------------|
| HbA0      | 67                | 5841       | 16191 | 88.7            |
| HbA1c     | 36                | 92         | 807   | 5.8             |
| La1c      | 23                | 59         | 373   | 2.0             |
| HbF       | 19                | 11         | 61    | 0.3             |
| Hba1b     | 12                | 66         | 259   | 1.4             |
| Hba1a     | 09                | 17         | 22    | 0.1             |





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**NAME** : Mr. RAKESH MADHO

**AGE/ GENDER** : 45 YRS/MALE **PATIENT ID** : 1676864

**COLLECTED BY** :012411200003 REG. NO./LAB NO.

REFERRED BY **REGISTRATION DATE** : 20/Nov/2024 07:39 AM BARCODE NO. :01521116 **COLLECTION DATE** : 20/Nov/2024 07:44AM CLIENT CODE. : KOS DIAGNOSTIC LAB REPORTING DATE : 20/Nov/2024 10:33AM

**CLIENT ADDRESS** : 6349/1, NICHOLSON ROAD, AMBALA CANTT

**Value** Unit **Biological Reference interval Test Name** 

### **CLINICAL CHEMISTRY/BIOCHEMISTRY GLUCOSE FASTING (F)**

GLUCOSE FASTING (F): PLASMA 97.46 NORMAL: < 100.0 mg/dL

by GLUCOSE OXIDASE - PEROXIDASE (GOD-POD) PREDIABETIC: 100.0 - 125.0 DIABETIC: > 0R = 126.0

INTERPRETATION
IN ACCORDANCE WITH AMERICAN DIABETES ASSOCIATION GUIDELINES:

1. A fasting plasma glucose level below 100 mg/dl is considered normal.

2. A fasting plasma glucose level between 100 - 125 mg/dl is considered as glucose intolerant or prediabetic. A fasting and post-prandial blood

test (after consumption of 75 gms of glucose) is recommended for all such patients.

3. A fasting plasma glucose level of above 125 mg/dl is highly suggestive of diabetic state. A repeat post-prandial is strongly recommended for all such patients. A fasting plasma glucose level in excess of 125 mg/dl on both occasions is confirmatory for diabetic state.

End Of Report



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