

## **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra MD (Pathology & Microbiology) Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

**NAME** : Mrs. INDRA RANI

**AGE/ GENDER** : 53 YRS/FEMALE **PATIENT ID** : 1738615

**COLLECTED BY** : SURJESH :012501290014 REG. NO./LAB NO.

REFERRED BY **REGISTRATION DATE** : 29/Jan/2025 10:31 AM BARCODE NO. :01524593 **COLLECTION DATE** : 29/Jan/2025 10:49AM CLIENT CODE. : KOS DIAGNOSTIC LAB REPORTING DATE : 29/Jan/2025 11:40AM

**CLIENT ADDRESS** : 6349/1, NICHOLSON ROAD, AMBALA CANTT

**Value** Unit **Biological Reference interval Test Name** 

## **CLINICAL CHEMISTRY/BIOCHEMISTRY GLUCOSE FASTING (F)**

GLUCOSE FASTING (F): PLASMA NORMAL: < 100.0 120.27<sup>H</sup> mg/dL

by GLUCOSE OXIDASE - PEROXIDASE (GOD-POD) PREDIABETIC: 100.0 - 125.0

DIABETIC: > 0R = 126.0

INTERPRETATION
IN ACCORDANCE WITH AMERICAN DIABETES ASSOCIATION GUIDELINES:

1. A fasting plasma glucose level below 100 mg/dl is considered normal.

2. A fasting plasma glucose level between 100 - 125 mg/dl is considered as glucose intolerant or prediabetic. A fasting and post-prandial blood

test (after consumption of 75 gms of glucose) is recommended for all such patients.

3. A fasting plasma glucose level of above 125 mg/dl is highly suggestive of diabetic state. A repeat post-prandial is strongly recommended for all such patients. A fasting plasma glucose level in excess of 125 mg/dl on both occasions is confirmatory for diabetic state.



CONSULTANT PATHOLOGIST MBBS, MD (PATHOLOGY & MICROBIOLOGY)

DR.YUGAM CHOPRA CONSULTANT PATHOLOGIST





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### **ENDOCRINOLOGY**

### THYROID FUNCTION TEST: TOTAL

TRIIODOTHYRONINE (T3): SERUM 0.957 ng/mL 0.35 - 1.93

by CMIA (CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY)

THYROXINE (T4): SERUM 8.25  $\mu gm/dL$  4.87 - 12.60

by CMIA (CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY)

THYROID STIMULATING HORMONE (TSH): SERUM 2.982 µIU/mL 0.35 - 5.50

by CMIA (CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY)

3rd GENERATION, ULTRASENSITIVE

#### INTERPRETATION:

TSH levels are subject to circadian variation, reaching peak levels between 2-4 a.m and at a minimum between 6-10 pm. The variation is of the order of 50%. Hence time of the day has influence on the measured serum TSH concentrations. TSH stimulates the production and secretion of the metabolically active hormones, thyroxine (T4) and triiodothyronine (T3). Failure at any level of regulation of the hypothalamic-pituitary-thyroid axis will result in either underproduction (hypothyroidism) or overproduction (hyperthyroidism) of T4 and/or T3.

| CLINICAL CONDITION           | T3                    | T4                    | TSH                             |
|------------------------------|-----------------------|-----------------------|---------------------------------|
| Primary Hypothyroidism:      | Reduced               | Reduced               | Increased (Significantly)       |
| Subclinical Hypothyroidism:  | Normal or Low Normal  | Normal or Low Normal  | High                            |
| Primary Hyperthyroidism:     | Increased             | Increased             | Reduced (at times undetectable) |
| Subclinical Hyperthyroidism: | Normal or High Normal | Normal or High Normal | Reduced                         |

#### LIMITATIONS:

- 1. T3 and T4 circulates in reversibly bound form with Thyroid binding globulins (TBG), and to a lesser extent albumin and Thyroid binding Pre Albumin so conditions in which TBG and protein levels alter such as pregnancy, excess estrogens, anabolic steroids and glucocorticoids may falsely affect the T3 and T4 levels and may cause false thyroid values for thyroid function tests.
- 2. Normal levels of T4 can also be seen in Hyperthyroid patients with :T3 Thyrotoxicosis, Decreased binding capacity due to hypoproteinemia or ingestion of certain drugs (e.g.: phenytoin, salicylates)
- 3. Serum T4 levels in neonates and infants are higher than values in the normal adult, due to the increased concentration of TBG in neonate serum.
- 4. TSH may be normal in central hypothyroidism, recent rapid correction of hyperthyroidism or hypothyroidism, pregnancy, phenytoin therapy.

| TRIIODOTHYRONINE (T3) |                             | THYROXINE (T4)    |                             | THYROID STIMULATING HORMONE (TSH) |                              |  |
|-----------------------|-----------------------------|-------------------|-----------------------------|-----------------------------------|------------------------------|--|
| Age                   | Refferance<br>Range (ng/mL) | Age               | Refferance<br>Range (µg/dL) | Age                               | Reference Range<br>( μIU/mL) |  |
| 0 - 7 Days            | 0.20 - 2.65                 | 0 - 7 Days        | 5.90 - 18.58                | 0 - 7 Days                        | 2.43 - 24.3                  |  |
| 7 Days - 3 Months     | 0.36 - 2.59                 | 7 Days - 3 Months | 6.39 - 17.66                | 7 Days - 3 Months                 | 0.58 - 11.00                 |  |
| 3 - 6 Months          | 0.51 - 2.52                 | 3 - 6 Months      | 6.75 – 17.04                | 3 Days – 6 Months                 | 0.70 - 8.40                  |  |
| 6 - 12 Months         | 0.74 - 2.40                 | 6 - 12 Months     | 7.10 - 16.16                | 6 – 12 Months                     | 0.70 - 7.00                  |  |



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|---------------------|---------------|-----------------------|------------------|---------------------|-------------|-------------------------------|---|
| 1 - 10 Years        | 0.92 - 2.28   | 1 - 10 Years          | 6.00 - 13.80     | 1 – 10 Years        | 0.60 - 5.50 |                               |   |
| 11- 19 Years        | 0.35 - 1.93   | 11 - 19 Years         | 4.87- 13.20      | 11 – 19 Years       | 0.50 - 5.50 |                               |   |
| > 20 years (Adults) | 0.35 - 1.93   | > 20 Years (Adults)   | 4.87 - 12.60     | > 20 Years (Adults) | 0.35- 5.50  |                               |   |
|                     | RECO          | MMENDATIONS OF TSH LI | EVELS DURING PRE | GNANCY ( µIU/mL)    |             |                               |   |
| 1st Trimester       |               |                       | 0.10 - 2.50      |                     |             |                               |   |
|                     | 2nd Trimester |                       | 0.20 - 3.00      |                     |             |                               | Ī |
|                     | 3rd Trimester |                       |                  | 0.30 - 4.10         |             |                               | Ī |

#### **INCREASED TSH LEVELS:**

- 1. Primary or untreated hypothyroidism may vary from 3 times to more than 100 times normal depending upon degree of hypofunction.
- 2. Hypothyroid patients receiving insufficient thyroid replacement therapy.
- 3. Hashimotos thyroiditis
- 4.DRUGS: Amphetamines, iodine containing agents & dopamine antagonist.
- 5. Neonatal period, increase in 1st 2-3 days of life due to post-natal surge

### **DECREASED TSH LEVELS:**

- 1.Toxic multi-nodular goiter & Thyroiditis.
- 2. Over replacement of thyroid hormone in treatment of hypothyroidism.
- 3. Autonomously functioning Thyroid adenoma
- 4. Secondary pituitary or hypothalamic hypothyroidism
- 5. Acute psychiatric illness
- 6. Severe dehydration.
- 7.DRUGS: Glucocorticoids, Dopamine, Levodopa, T4 replacement therapy, Anti-thyroid drugs for thyrotoxicosis.
- 8. Pregnancy: 1st and 2nd Trimester

\*\*\* End Of Report \*\*\*



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