

# **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra MD (Pathology & Microbiology) Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

: 03/Feb/2025 03:57PM

**NAME** : Mrs. SUDHA

**AGE/ GENDER** : 50 YRS/FEMALE **PATIENT ID** : 1743523

**COLLECTED BY** :012502030002 REG. NO./LAB NO.

REFERRED BY **REGISTRATION DATE** : 03/Feb/2025 07:46 AM BARCODE NO. :01524844 **COLLECTION DATE** : 03/Feb/2025 07:47AM

: KOS DIAGNOSTIC LAB **CLIENT ADDRESS** : 6349/1, NICHOLSON ROAD, AMBALA CANTT

Value Unit **Biological Reference interval Test Name** 

## HAEMATOLOGY **GLYCOSYLATED HAEMOGLOBIN (HBA1C)**

REPORTING DATE

GLYCOSYLATED HAEMOGLOBIN (HbA1c): 6.2 % 4.0 - 6.4

WHOLE BLOOD by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

ESTIMATED AVERAGE PLASMA GLUCOSE 60.00 - 140.00 131.24 mg/dL

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

### **INTERPRETATION:**

CLIENT CODE.

AS PER AMERICAN DI	ABETES ASSOCIATION (ADA):	
REFERENCE GROUP	GLYCOSYLATED HEMOGL	OGIB (HBAIC) in %
Non diabetic Adults >= 18 years	<5.7	
At Risk (Prediabetes)	5.7 – 6.	4
Diagnosing Diabetes	>= 6.5	
	Age > 19 Y	ears
	Goals of Therapy:	< 7.0
Therapeutic goals for glycemic control	Actions Suggested:	>8.0
	Age < 19 Y	ears
	Goal of therapy:	<7.5

#### COMMENTS:

- 1. Glycosylated hemoglobin (HbA1c) test is three monthly monitoring done to assess compliace with therapeutic regimen in diabetic patients.
- 2. Since Hb1c reflects long term fluctuations in blood glucose concentration, a diabetic patient who has recently under good control may still have high concentration of HbAlc. Converse is true for a diabetic previously under good control but now poorly controlled.
- 3. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targetting a goal of < 7.0% may not be appropiate 4.High
- HbA1c (>9.0 -9.5 %) is strongly associated with risk of development and rapid progression of microvascular and nerve complications
- 5.Any condition that shorten RBC life span like acute blood loss, hemolytic anemia falsely lower HbA1c results.
- 6.HbA1c results from patients with HbSS,HbSC and HbD must be interpreted with caution, given the pathological processes including anemia, increased red cell turnover, and transfusion requirement that adversely impact HbA1c as a marker of long-term gycemic control.
- 7. Specimens from patients with polycythemia or post-splenctomy may exhibit increse in HbA1c values due to a somewhat longer life span of the red cells.



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DR.YUGAM CHOPRA CONSULTANT PATHOLOGIST





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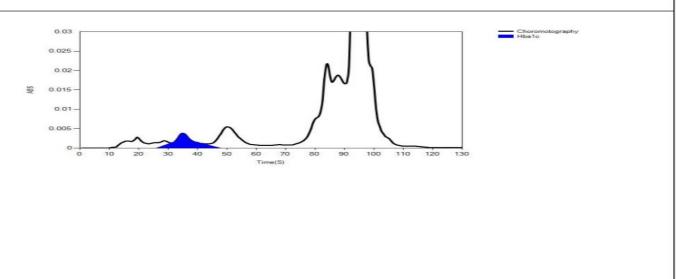
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Test Name Value Unit Biological Reference interval

#### LIFOTRONIC Graph Report

Name :	Case:	Patient Type :	Test Date: 03/02/2025 18:16:50
Age:	Department:	Sample Type: Whole Blood EDTA	Sample ld: 01524844
Gender:			Total Area: 8298

Peak Name	Retention Time(s)	Absorbance	Area	Result (Area %)
HbA0	69	2461	7331	83.7
HbA1c	37	55	546	6.2
La1c	25	38	234	2.7
HbF	21	19	19	0.2
Hba1b	14	28	101	1.1
Hba1a	11	18	67	0.8



\*\*\* End Of Report \*\*\*

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