

## **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra
MD (Pathology & Microbiology)
Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

NAME : Mr. RISHI MOHAN VERMA

**AGE/ GENDER** : 62 YRS/MALE **PATIENT ID** : 1766223

COLLECTED BY : REG. NO./LAB NO. : 012502220044

**REFERRED BY** : CENTRAL PHOENIX CLUB (AMBALA CANTT) **REGISTRATION DATE** : 22/Feb/2025 12:50 PM **BARCODE NO.** : 01525964 **COLLECTION DATE** : 22/Feb/2025 12:56PM

**CLIENT CODE.** : KOS DIAGNOSTIC LAB **REPORTING DATE** : 22/Feb/2025 05:10PM

CLIENT ADDRESS : 6349/1, NICHOLSON ROAD, AMBALA CANTT

Test Name Value Unit Biological Reference interval

### HAEMATOLOGY

## **GLYCOSYLATED HAEMOGLOBIN (HBA1C)**

GLYCOSYLATED HAEMOGLOBIN (HbA1c): **6.8<sup>H</sup>** % 4.0 - 6.4 WHOLE BLOOD

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

ESTIMATED AVERAGE PLASMA GLUCOSE 148.46<sup>H</sup> mg/dL 60.00 - 140.00

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

### INTERPRETATION:

AS PER AMERICAN DI	ABETES ASSOCIATION (ADA):	
REFERENCE GROUP	GLYCOSYLATED HEMOGL	OGIB (HBAIC) in %
Non diabetic Adults >= 18 years	<5.7	
At Risk (Prediabetes)	5.7 – 6.	4
Diagnosing Diabetes	>= 6.5	
	Age > 19 Years	
	Goals of Therapy:	< 7.0
Therapeutic goals for glycemic control	Actions Suggested:	>8.0
	Age < 19 Y	ears
	Goal of therapy:	<7.5

#### COMMENTS:

- 1. Glycosylated hemoglobin (HbA1c) test is three monthly monitoring done to assess compliace with therapeutic regimen in diabetic patients.
- 2. Since Hb1c reflects long term fluctuations in blood glucose concentration, a diabetic patient who has recently under good control may still have high concentration of HbAlc. Converse is true for a diabetic previously under good control but now poorly controlled.
- 3. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targetting a goal of < 7.0% may not be appropriate.

  4. High
- HbA1c (>9.0 -9.5 %) is strongly associated with risk of development and rapid progression of microvascular and nerve complications
- 5.Any condition that shorten RBC life span like acute blood loss, hemolytic anemia falsely lower HbA1c results.
- 6.HbA1c results from patients with HbSS,HbSC and HbD must be interpreted with caution, given the pathological processes including anemia,increased red cell turnover, and transfusion requirement that adversely impact HbA1c as a marker of long-term gycemic control.
- 7. Specimens from patients with polycythemia or post-splenctomy may exhibit increse in HbA1c values due to a somewhat longer life span of the red cells.



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KOS Central Lab: 6349/1, Nicholson Road, Ambala Cantt -133 001, Haryana



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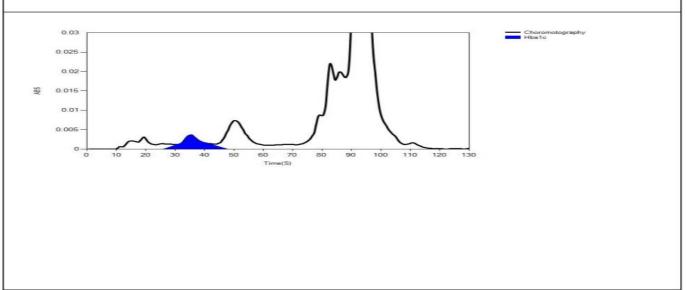
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#### LIFOTRONIC Graph Report

Name :	Case:	Patient Type :	Test Date: 22/02/2025 19:30:53
Age:	Department:	Sample Type: Whole Blood EDTA	Sample ld: 01525964
Gender:			Total Area: 10426

Peak Name	Retention Time(s)	Absorbance	Area	Result (Area %)
HbA0	68	2821	9221	85.0
HbA1c	37	74	744	6.8
La1c	26	37	250	2.3
HbF	19	14	14	0.1
Hba1b	14	31	111	1.0
Hba1a	11	21	86	0.8



\*\*\* End Of Report \*\*\*

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