

# **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra MD (Pathology & Microbiology) Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

**NAME** : Mr. BIRJESH KUMAE

**AGE/ GENDER** : 44 YRS/MALE **PATIENT ID** : 1814855

**COLLECTED BY** : 012504020006 REG. NO./LAB NO.

REFERRED BY **REGISTRATION DATE** : 02/Apr/2025 08:34 AM BARCODE NO. :01528193 **COLLECTION DATE** : 02/Apr/2025 08:35AM CLIENT CODE. : KOS DIAGNOSTIC LAB REPORTING DATE : 02/Apr/2025 09:24AM

**CLIENT ADDRESS** : 6349/1, NICHOLSON ROAD, AMBALA CANTT

Value Unit Test Name **Biological Reference interval** 

# **HAEMATOLOGY HAEMOGLOBIN (HB)**

16.7 HAEMOGLOBIN (HB) gm/dL 12.0 - 17.0

by CALORIMETRIC

### **INTERPRETATION:-**

Hemoglobin is the protein molecule in red blood cells that carries oxygen from the lungs to the bodys tissues and returns carbon dioxide from the

tissues back to the lungs. A low hemoglobin level is referred to as ANEMIA or low red blood count.

#### **ANEMIA (DECRESED HAEMOGLOBIN):**

- 1) Loss of blood (traumatic injury, surgery, bleeding, colon cancer or stomach ulcer)
- 2) Nutritional deficiency (iron, vitamin B12, folate)
- 3) Bone marrow problems (replacement of bone marrow by cancer)
- 4) Suppression by red blood cell synthesis by chemotherapy drugs
- 5) Kidney failure
- 6) Abnormal hemoglobin structure (sickle cell anemia or thalassemia). POLYCYTHEMIA (INCREASED HAEMOGLOBIN):

- 1) People in higher altitudes (Physiological)
- 2) Smoking (Secondary Polycythemia)
- 3) Dehydration produces a falsely rise in hemoglobin due to increased haemoconcentration
- 4) Advanced lung disease (for example, emphysema)
- 5) Certain tumors
- 6) A disorder of the bone marrow known as polycythemia rubra vera,
- 7) Abuse of the drug erythropoetin (Epogen) by athletes for blood doping purposes (increasing the amount of oxygen available to the body by chemically raising the production of red blood cells).

NOTE: TEST CONDUCTED ON EDTA WHOLE BLOOD



CONSULTANT PATHOLOGIST MBBS, MD (PATHOLOGY & MICROBIOLOGY)

DR.YUGAM CHOPRA CONSULTANT PATHOLOGIST MBBS, MD (PATHOLOGY)



KOS Central Lab: 6349/1, Nicholson Road, Ambala Cantt -133 001, Haryana KOS Molecular Lab: IInd Floor, Parry Hotel, Staff Road, Opp. GPO, Ambala Cantt -133 001, Haryana



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## **CLINICAL CHEMISTRY/BIOCHEMISTRY**

### LIPID PROFILE: BASIC

CHOLESTEROL TOTAL: SERUM mg/dL OPTIMAL: < 200.0 280.62H by CHOLESTEROL OXIDASE PAP BORDERLINE HIGH: 200.0 -239.0 HIGH CHOLESTEROL: > OR = 240.0 TRIGLYCERIDES: SERUM 225.49<sup>H</sup> mg/dL OPTIMAL: < 150.0 by GLYCEROL PHOSPHATE OXIDASE (ENZYMATIC) **BORDERLINE HIGH: 150.0 -**199.0 HIGH: 200.0 - 499.0 VERY HIGH: > OR = 500.0HDL CHOLESTEROL (DIRECT): SERUM 42.32 mg/dL LOW HDL: < 30.0 by SELECTIVE INHIBITION BORDERLINE HIGH HDL: 30.0 -60.0 HIGH HDL: > OR = 60.0LDL CHOLESTEROL: SERUM OPTIMAL: < 100.0 mg/dL 193.2H by CALCULATED, SPECTROPHOTOMETRY ABOVE OPTIMAL: 100.0 - 129.0 BORDERLINE HIGH: 130.0 -159.0 HIGH: 160.0 - 189.0 VERY HIGH: > OR = 190.0 NON HDL CHOLESTEROL: SERUM OPTIMAL: < 130.0 238.3<sup>H</sup> mg/dL

by CALCULATED, SPECTROPHOTOMETRY

VLDL CHOLESTEROL: SERUM

TOTAL LIPIDS: SERUM

by CALCULATED, SPECTROPHOTOMETRY

by CALCULATED, SPECTROPHOTOMETRY

DR.VINAY CHOPRA CONSULTANT PATHOLOGIST MBBS, MD (PATHOLOGY & MICROBIOLOGY) DR.YUGAM CHOPRA CONSULTANT PATHOLOGIST MBBS, MD (PATHOLOGY)

mg/dL

mg/dL

45.1H

786.73<sup>H</sup>



ABOVE OPTIMAL: 130.0 - 159.0 BORDERLINE HIGH: 160.0 -

189.0

0.00 - 45.00

350.00 - 700.00

HIGH: 190.0 - 219.0 VERY HIGH: > OR = 220.0



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Test Name	Value	Unit	Biological Reference interval
CHOLESTEROL/HDL RATIO: SERUM by CALCULATED, SPECTROPHOTOMETRY	6.63 <sup>H</sup>	RATIO	LOW RISK: 3.30 - 4.40 AVERAGE RISK: 4.50 - 7.0 MODERATE RISK: 7.10 - 11.0 HIGH RISK: > 11.0
LDL/HDL RATIO: SERUM by CALCULATED, SPECTROPHOTOMETRY	4.57 <sup>H</sup>	RATIO	LOW RISK: 0.50 - 3.0 MODERATE RISK: 3.10 - 6.0 HIGH RISK: > 6.0
TRIGLYCERIDES/HDL RATIO: SERUM	5.33 <sup>H</sup>	RATIO	3.00 - 5.00

#### **INTERPRETATION:**

1.Measurements in the same patient can show physiological& analytical variations. Three serial samples 1 week apart are recommended for Total Cholesterol, Triglycerides, HDL & LDL Cholesterol.

2. As per NLA-2014 guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.

3. Low HDL levels are associated with increased risk for Atherosclerotic Cardiovascular disease (ASCVD) due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.

4. NLA-2014 identifies Non HDL Cholesterol (an indicator of all atherogeniclipoproteins such as LDL, VLDL, IDL, Lpa, Chylomicron remnants) along with LDL-cholesterol as co- primary target for cholesterol lowering therapy. Note that major risk factors can modify treatment goals for LDL &Non LDL.

5. Additional testing for Apolipoprotein B, hsCRP,Lp(a) & LP-PLA2 should be considered among patients with moderate risk for ASCVD for risk refinement

\*\* End Of Report



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