CLIENT CODE.



## **KOS Diagnostic Lab**

(A Unit of KOS Healthcare)



Dr. Vinay Chopra MD (Pathology & Microbiology) Chairman & Consultant Pathologist

Dr. Yugam Chopra MD (Pathology) CEO & Consultant Pathologist

: 03/Jul/2024 03:11PM

60.00 - 140.00

**NAME** : Mrs. NEELAM

**AGE/ GENDER** : 63 YRS/FEMALE **PATIENT ID** : 1536919

**COLLECTED BY** :042407030003 REG. NO./LAB NO.

REFERRED BY **REGISTRATION DATE** : 03/Jul/2024 08:53 AM BARCODE NO. : A0524864 **COLLECTION DATE** : 03/Jul/2024 10:06AM

**CLIENT ADDRESS** : 6349/1, NICHOLSON ROAD, AMBALA CANTT

: KOS DIAGNOSTIC SHAHBAD

Test Name Value Unit **Biological Reference interval** 

### **HAEMATOLOGY**

REPORTING DATE

### **GLYCOSYLATED HAEMOGLOBIN (HBA1C)**

GLYCOSYLATED HAEMOGLOBIN (HbA1c): 10.4<sup>H</sup> 4.0 - 6.4WHOLE BLOOD

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY)

ESTIMATED AVERAGE PLASMA GLUCOSE 251.78H mg/dL

by HPLC (HIGH PERFORMANCE LIQUID CHROMATOGRAPHY) **INTERPRETATION:** 

AS PER AMERICAN DI	ABETES ASSOCIATION (ADA):		
REFERENCE GROUP	GLYCOSYLATED HEMOGL	OGIB (HBAIC) in %	
Non diabetic Adults >= 18 years	<5.7		
At Risk (Prediabetes)	5.7 – 6.	4	
Diagnosing Diabetes	>= 6.5		
Therapeutic goals for glycemic control	Age > 19 Years		
	Goals of Therapy:	< 7.0	
	Actions Suggested:	>8.0	
	Age < 19 Y	ears	
	Goal of therapy:	< 7.5	

#### COMMENTS:

- 1. Glycosylated hemoglobin (HbA1c) test is three monthly monitoring done to assess compliace with therapeutic regimen in diabetic patients.
- 2. Since Hb1c reflects long term fluctuations in blood glucose concentration, a diabetic patient who has recently under good control may still have high concentration of HbAlc. Converse is true for a diabetic previously under good control but now poorly controlled.
- 3. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targetting a goal of < 7.0% may not be appropiate 4.High
- HbA1c (>9.0 -9.5 %) is strongly associated with risk of development and rapid progression of microvascular and nerve complications
- 5.Any condition that shorten RBC life span like acute blood loss, hemolytic anemia falsely lower HbA1c results.
- 6.HbA1c results from patients with HbSS,HbSC and HbD must be interpreted with caution, given the pathological processes including anemia, increased red cell turnover, and transfusion requirement that adversely impact HbA1c as a marker of long-term gycemic control.
- 7. Specimens from patients with polycythemia or post-splenctomy may exhibit increse in HbA1c values due to a somewhat longer life span of the red cells.



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DR.YUGAM CHOPRA CONSULTANT PATHOLOGIST MBBS, MD (PATHOLOGY)





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MD (Pathology)
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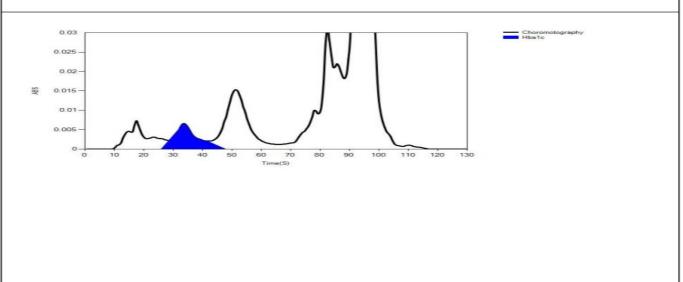
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Test Name Value Unit Biological Reference interval

#### LIFOTRONIC Graph Report

Name :	Case:	Patient Type :	Test Date: 03/07/2024 14:53:02
Age:	Department:	Sample Type: Whole Blood EDTA	Sample Id: A0524864
Gender:			Total Area: 13772

Peak Name	Retention Time(s)	Absorbance	Area	Result (Area %)
HbA0	69	3523	11649	81.3
HbA1c	37	153	1499	10.4
La1c	24	66	295	2.1
HbF	21	23	14	0.1
Hba1b	12	73	181	1.3
Hba1a	10	46	134	0.9



\*\*\* End Of Report \*\*\*

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