

PKR JAIN HEALTHCARE INSTITUTE NASIRPUR, Hissar Road, AMBALA CITY- (Haryana)

A PIONEER DIAGNOSTIC CENTRE

REPORTING DATE

NAME : Mrs. VEENA

AGE/ GENDER : 47 YRS/FEMALE **PATIENT ID** : 1805581

COLLECTED BY REG. NO./LAB NO. : 122503250028

REFERRED BY **REGISTRATION DATE** : 25/Mar/2025 01:46 PM BARCODE NO. : 12507706 **COLLECTION DATE** : 25/Mar/2025 01:50PM

CLIENT ADDRESS : NASIRPUR, HISSAR ROAD, AMBALA CITY - HARYANA

: P.K.R JAIN HEALTHCARE INSTITUTE

Value Unit Test Name **Biological Reference interval**

CLINICAL CHEMISTRY/BIOCHEMISTRY

CHOLESTEROL: SERUM

CHOLESTEROL TOTAL: SERUM 241.55^{H} mg/dL OPTIMAL: < 200.0

by CHOLESTEROL OXIDASE PAP BORDERLINE HIGH: 200.0 -

239.0

: 25/Mar/2025 04:34PM

HIGH CHOLESTEROL: > OR =

240.0

INTERPRETATION:

CLIENT CODE.

NATIONAL LIPID ASSOCIATION RECOMMENDATIONS (NLA-2014)	CHOLESTEROL IN ADULTS (mg/dL)	CHOLESTEROL IN ADULTS (mg/dL)
DESIRABLE	< 200.0	< 170.0
BORDERLINE HIGH	200. <mark>0 – 239.</mark> 0	171.0 – 199.0
HIGH	>= 240.0	>= 200.0

1. Measurements in the same patient can show physiological & analytical variations. Three serial samples 1 week apart are recommended for

Total Cholesterol, Triglycerides, HDL & LDL Cholesterol.

2. As per National Lipid association - 2014 guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.



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REFERRED BY **REGISTRATION DATE** : 25/Mar/2025 01:39 PM BARCODE NO. : 12507706 **COLLECTION DATE** : 25/Mar/2025 01:40PM CLIENT CODE. : P.K.R JAIN HEALTHCARE INSTITUTE REPORTING DATE : 25/Mar/2025 04:34PM

CLIENT ADDRESS : NASIRPUR, HISSAR ROAD, AMBALA CITY - HARYANA

Value Unit Test Name **Biological Reference interval**

VITAMINS

VITAMIN B12/COBALAMIN

VITAMIN B12/COBALAMIN: SERUM pg/mL 200.0 - 1100.0

by CMIA (CHEMILUMINESCENT MICROPARTICLE IMMUNOASSAY)

INTERPRETATION:-

INCREASED VITAMIN B12	DECREASED VITAMIN B12
1.Ingestion of Vitamin C	1.Pregnancy
2.Ingestion of Estrogen	2.DRUGS:Aspirin, Anti-convulsants, Colchicine
3.Ingestion of Vitamin A	3.Ethanol Igestion
4.Hepatocellular injury	4. Contraceptive Harmones
5.Myeloproliferative disorder	5.Haemodialysis 5.
6.Uremia	6. Multiple Myeloma

- 1. Vitamin B12 (cobalamin) is necessary for hematopoiesis and normal neuronal function.
- 2.In humans, it is obtained only from animal proteins and requires intrinsic factor (IF) for absorption.
- 3. The body uses its vitamin B12 stores very economically, reabsorbing vitamin B12 from the ileum and returning it to the liver; very little is excreted.
- 4. Vitamin B12 deficiency may be due to lack of IF secretion by gastric mucosa (eg. gastrectomy, gastric atrophy) or intestinal malabsorption (eg. ileal resection, small intestinal diseases).
- 5. Vitamin B12 deficiency frequently causes macrocytic anemia, glossitis, peripheral neuropathy, weakness, hyperreflexia, ataxia, loss of proprioception, poor coordination, and affective behavioral changes. These manifestations may occur in any combination; many patients have the neurologic defects without macrocytic anemia.
- 6.Serum methylmalonic acid and homocysteine levels are also elevated in vitamin B12 deficiency states.
- 7. Follow-up testing for antibodies to intrinsic factor (IF) is recommended to identify this potential cause of vitamin B12 malabsorption. NOTE:A normal serum concentration of vitamin B12 does not rule out tissue deficiency of vitamin B12. The most sensitive test for vitamin B12 deficiency at the cellular level is the assay for MMA. If clinical symptoms suggest deficiency, measurement of MMA and homocysteine should be considered, even if serum vitamin B12 concentrations are normal.



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CLIENT ADDRESS : NASIRPUR, HISSAR ROAD, AMBALA CITY - HARYANA

Value Unit Test Name **Biological Reference interval**

VITAMIN B9/FOLIC ACID/FOLATE

VITAMIN B9/FOLIC ACID/FOLATE: SERUM by CLIA (CHEMILUMINESCENCE IMMUNOASSAY)

9.8 DEFICIENT: < 3.37 ng/mL

INTERMEDIATE: 3.37 - 5.38

NORMAL: > 5.38

INTERPRETATION

RESULT IN ng/mL	REMARKS
0.35 – 3.37	DEFICIENT
3.38 – 5.38	INTERMEDIATE
5.39 - 100.00	NORMAL

NOTE:

- 1. Drugs like Methotrexate & Leucovorin interfere with folate measurement
- 2. To differentiate vitamin B12 & folate deficiency, measurement of Methyl malonic acid in urine & serum Homocysteine level is suggested 3. Risk of toxicity from folic acid is low as it is a water soluble vitamin regularly excreted in urine
- **COMMENTS:**
- 1. Folate plays an important role in the synthesis of purine & pyrimidines in the body and is important for the maturation of erythrocytes.
- 2. It is widely available from plants and to a lesser extent organ meats, but more than half the folate content of food is lost during cooking.

 3. Folate deficiency is commonly prevalent in alcoholic liver disease, pregnancy and the elderly. It may result from poor intestinal absorption, nutrition deficiency, excessive demand as in pregnancy or in malignancy and in response to certain drugs like Methotrexate & anticonvulsants.

 4. Decreased Levels Megaloblastic anemia, Infantile hyperthyroidism, Alcoholism, Malnutrition, Scurvy, Liver disease, B12 deficiency, dietary amino acid excess, adult Celiac disease, Tropical Sprue, Crohn's disease, Hemolytic anemias, Carcinomas, Myelofibrosis, vitamin B6 deficiency, pregnancy, Whipple's disease, extensive intestinal resection and severe exfoliative dermatitis

*** End Of Report ***



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