

<b>PT NAME:</b> NAVDEEP KAUR	<b>Gender :</b> Female   ( <b>Age :</b> 23 Year)	<b>Reg. No:</b> 159317 <b>Barcode:</b> 091804250002
<b>Ref. By Dr.:</b> SELF	<b>Sample Received On:</b> 24-04-2018	<b>Registered On:</b> 24-04-2018
<b>Lab/Hpl.:</b> FARIDKOT	<b>Sample:</b> SERUM	<b>Reported on:</b> 27-04-2018

**ALLERGY SCREENING TESTS (BY IMMUNO - EIA )**


































TEST	RESULT	NORMALS	
		AGE	IgE Level
IgE	>3200.0 KU/L	<5 Years	5 - 25 KU/L
		5 - 10 Years	20-50 KU/L
		>10 Years	20-100 KU/L
	<b>Normal For All Allergens is</b>	<b>&lt;than 0.35 U/L</b>	

**ALLERGEN DETECTED**





<b>FOOD VEG:</b>	LACTOGLOBULIN, MILK, CURD, CHEESE, COCOA, GROUNDNUT, RICE, WHEAT FLOUR, POTATO, HAZELNUT, CARROT, SOYABEAN, APPLE
<b>FOOD NON VEG:</b>	NIL
<b>INHALANTS:</b>	ALDER, HOUSE DUST, JOHNSON GRASS, COCKROACH, WOOD DUST BERMUDA GRASS, HOUSE DUST MITE, HAY DUST, FLOUR MILL DUST, RICE DUST, TIMOTHY GRASS, MUGWORT, BIRCH, WHEAT DUST, ASPERGILLUS FUMIGATUS, ALTERNARIA TENIUS
<b>CONTACTS:</b>	NIL
<b>DRUG:</b>	BRUFEN

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### FOOD (VEG)

ALLERGEN	हिन्दी नाम	VALUE	ALLERGEN	हिन्दी नाम	VALUE
ALMOND	बादाम	 0.02	ARECANUT	सुपारी	 0.11
BARLEY	जौ	 0.22	CABBAGE	पता गोभी	 0.15
<b>CARROT</b>	<b>गाजर</b>	 ++ <b>0.72</b>	<b>CHEESE</b>	<b>पनीर</b>	 ++ <b>1.10</b>
CLOVE	लोगं	 0.33	COFFEE	कॉफ़ी	 0.24
CUCUMBER	खीरा	 0.17	DAL ARHAR	दालअरहर	 0.10
DAL MOONG	दालमूंग	 0.15	DATES	खजूर	 + 0.39
GARLIC	लहसुन	 0.20	<b>GROUNDNUT</b>	<b>मूंगफली</b>	 ++ <b>1.70</b>
JAGGERY	गुड़	 0.24	LADY S FINGER	भिंडी	 0.14
MANGO	आम	 0.13	MSG ( AJINOMOTO)	अजीनोमोटो	 0.17
NUTMEG	जायफल	 0.13	ORANGE	संतरा	 0.24
PINEAPPLE	अनानास	 0.11	RADISH	मूली	 0.02
SESAME	तिल	 0.33	SQUASH	कुम्हड़ा	 0.28
SUNFLOWER	सूरजमुखी	 0.02	TOBACCO	तम्बाकू	 0.14
TURMERIC	gYnh	 0.23	<b>WHEAT FLOUR</b>		 +++ <b>2.70</b>
ANISEED	सौंफं	 + 0.39	BAJARI	बजरो	 0.22
BLACK PEPPER	कालीमिर्च	 0.15	CAPSICUM	शिमलामिर्च	 0.21
CASHEWNUT	काजू	 0.28	CHILLY	मिर्च	 0.02

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<b>COCOA</b>	<b>कोकी</b>	 +	<b>0.60</b>	CORIANDER	धिन्या		0.14
CUMMIN	जौरा		0.02	DAL CHANA	दालचना		0.14

### FOOD (Veg)

ALLERGEN	हिन्दी नाम	VALUE	ALLERGEN	हिन्दी नाम	VALUE
DAL RAJMA	दालराजमा	0.12	EGGS	अंडे	0.14
GINGER	अदरक	 0.23	GUVAVA	अमरुद	 0.05
KATHA	कत्ते	 0.23	LEMON	निंबू	 0.02
MELON	खरबूज	 0.14	MUSHROOM	मशरूम	 0.23
OAT	जई	 + 0.40	PAPAYA	पपौता	 0.33
PISTA.	पिस्ता	0.14	<b>RICE</b>	<b>चावल</b>	<b>++ 1.70</b>
<b>SOYABEAN</b>	<b>सोयाबीन</b>	 + <b>0.80</b>	STRAW BERRY	झरबेर	 0.14
TAMARIND	इमली	 0.31	TOMATOES	टमाटर	 0.05
VINEGAR	सिरका	 0.22	YEAST	खमीर	 0.33
<b>APPLE</b>	<b>सेब</b>	 + <b>0.21</b>	BANANA	केला	 0.14
BRINJAL	बैंगन	0.22	CADIMUM	इलायची	0.01
CAULIFLOWER	फूलगोभी	 0.31	CINNAMON	दालचीनी	 0.24
COCONUT	नारियल	 0.02	COTTON SEED	बिन्ौला	 0.18
<b>CURD</b>	<b>दही</b>	 + <b>1.30</b>	DAL MASOOR	दालमसूर	 0.31
DAL URAD	दालउड़द	 0.05	FENUGREEK	मेथी	 0.06
GRAPES	अंगूर	0.23	HONEY	शहद	0.03
<b>LACTOGLOBULIN</b>	<b>लैक्टोग्लोबुलिन</b>	 + <b>0.50</b>	MAIZE	मक्का	 0.31

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<b>MILK</b>	दूध		+++	<b>2.40</b>	MUSTARD	सरसों		0.02
ONION	प्याज			0.15	PEAS	मटर		0.11
<b>POTATO</b>	आलू		+++	<b>2.70</b>	SALT	नमक		0.13
SPINACH	पालक			0.31	SUGAR	चीनी		0.22
TEA	चाय			0.14	TOOR DAL	तूरदाल		0.15
WALNUT	अखरोट			0.33	<b>HAZELNUT</b>		+++	<b>3.50</b>

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### INHALANTAS








ALLERGEN	हिन्दी नाम	VALUE	ALLERGEN	हिन्दी नाम	VALUE
<b>ALDER</b>		+++ 6.10	ACACIA RABICA	बबूल	0.33
AMARANTHUS	चौलाई	 0.18	<b>ASPERGILLUS FUMIGATUS</b>	ऐस्पेर्गिल्लस	+++ 13.26
AZADIRECHTA INDICA	नीम	 0.09	BRASSICA Campestris	सरसोंकाफूल	0.23
CANNABIS SATIVA	भांगकापौधा	 0.33	CAT DANDER	कैट रोष	0.14
CHALK POWDER	चाकपाउडर	0.23	<b>COCKROACH DUST</b>	कॉकरोच	+ 0.56
COTTON FIBERS	कपासफाइबर	 0.30	CYNODON DACTYLON	दूब घास	0.21
DANDELION	कुकरौंधा	 0.14	EUCALYPTUS	युकलिप्टस	0.33
GOAT DANDER	बकरीकी	 0.35	HONEY BEE	मधुमक्खी	0.01
<b>HOUSEDUST</b>	<b>घरधूल</b>	 + 0.40	INSECT	कीट	0.33
<b>JOHNSON GRASS</b>	<b>जॉनसनघास</b>	+++ 4.17	JUNIPERUS COMMUNIS	जूनीपेरस	0.22
LAWSONIA INERMIS	मेहँदी	 0.14	NEUROSPORA SPP	न्यूरोस्पोरा सप्प	0.22
PENICILLIUM SPP	पेनिसिलियम	 0.24	RAGWEED	रेगवीड	0.33
RICINUS COMMUNIS	रिसिनस	 0.02	SORGHUM VULGARE	बाजरा	0.21
TEA LEAVES	चायकी	 0.22	<b>WOOD DUST</b>	<b>लकड़ीकाबुरादा</b>	+ 0.50
ADHATODA VASICA	अडूसा	0.33	ARGEMONE MEXICANA	सत्यानाशी	0.22

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ASPERGILLUS NIGER	एरिजलस नाइजर		0.14	GRAVEL DUST	बजरीधूल		0.33
BUFFALO DANDER	भैंस की रूसी		0.22	CARICA PAPAYA	पपीतेकापेड़		0.33
CEDRUS DEODARA	देवदार		0.11	CHENOPODIUM ALBUM	बथुआ		0.22
COCUS NUCIFERA	नारियल		0.22	COW DANDER	गायकी		0.14
CYPERUS ROTUNDUS	नागार्मोथा		0.22	DOG DANDER	कुत्ते की रूसी		0.34

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FEATHER DUST	पंखधूल	0.14	<b>HAY DUST</b>	घासधूल	++ 2.10
HORSE DANDER	घोड़ेकेबालों	 0.33	<b>HOUSE DUST MITE</b>	घुन	 + 0.43
IPOMOEA FISTULOSA	बेहया	 0.18	JOWAR DUST	कीधूल	 0.10
JUTE DUSTRTG	जूटधूल	 0.33	MOSQUITO	मच्छर	 0.02
PAPER DUST	कागजधूल	 0.11	PHOENIX Dactylifera	जंगलीबादाम	 0.33
RHIZOPUS NIGRICANS	रिहजोप्स निग्रिकाक्स	 0.22	RYE GRASS	राईघास	 4.19
STRAW DUST	स्ट्रॉ इस्ट	0.31	TYPHA ANGUSTATA	गुद	0.10
XANTHIUM Stermarlum	छोटाधतूरा	 0.01	<b>ALTERNARIA TENUIS</b>	अल्नेरिया तेनुईस	 + 0.50
ARTEMISIA SCOPARIA	नागदोना	 0.01	ASPERGILLUSTAMARIE	एस्पील्लुसतमारी	 0.21
<b>BERMUDA GRASS</b>	<b>बरमूडाघास</b>	 <b>5.33</b>	CANDIDA ALBICANS	आंत्रीय पथ	 0.01
CASSIA FISTULA	राजवृक्ष	 0.03	CENCHRUS CILIARIS	बुफलघास	 0.22
CLADOSPORIUM HERB	क्लैडोस्पोरीयम हर्बेयम	0.11	COTTON DUST	कपासधूल	0.02
CRICKET	क्रिकेट	 0.11	DAISY	गुलबहार	 0.33
ETHYLENE OXIDE	इथिलोन आक्साइड	 0.25	<b>FLOUR MILL DUST</b>	<b>आटा धूल</b>	 + 0.60
HOLOPTELEA INT	चिल्लिब	 0.01	HOUSE FLY	मक्की	 0.28

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IMPERATA Cylindrica	इम्प्रेटा सिलिन्ड्रिका			0.10	JEERA DUST	जौराधूल		0.12
JULIFLORA	जंगलीबाबुल			0.18	KIGELIA PINNATA	जंगलीखीरे		0.12
<b>MUGWORT</b>	<b>नागदोना</b>		++	<b>1.70</b>	PARTHENIUM	पार्थेनियम		0.02
PINE	चीड़कापेड़			0.23	<b>RICE DUST</b>	<b>चावलधूल</b>		<b>0.56</b>
SHEEP WOOL	भेड़केबाल			0.31	SUAEDA FRUTICOSA	स्वेडा फ्रुटिकोसा		0.20
<b>WHEAT DUST</b>	<b>कीधूल</b>		+	<b>0.60</b>	ZEA MAYS	मक्का		0.14
<b>BIRCH</b>			++	<b>3.10</b>				



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### CONTACTANTS & OTHERS

ALLERGEN	हिन्दी नाम	VALUE	ALLERGEN	हिन्दी नाम	VALUE
ALCOHOL	शराब 	0.11	DETERGENT	साफकरनेवाला 	0.34
LEATHER	चमड़ा 	0.21	NYLON FIBERS	नायलॉनफाइबर 	0.33
PLASTIC	प्लास्टिक 	0.20	ASH	टैटू 	0.11
HAIR DYE	के श रंगना 	0.14	LIME STONE	चूनेका 	0.24
PAINTS	पेंट्स 	0.01	POLYESTER	पॉलिएस्टर 	0.22
BONE CEMENT PMMA	हड्डी सीमेंट 	0.18	LATEX	लेटेक्स 	0.23
NICKEL	निकल 	0.11	PERFUME	खुशबू 	0.31
POWDER	पाउडर 	0.02	SILK	रेशम 	0.31
SOAP	साबुन 	0.01	CAUSTIC SODA	कास्टिक सोडा 	0.10
SMOKE	धूम्रपान 	0.08	WOOL MIX	ऊन 	0.21
SULFUR	सल्फर 	0.23	SMOKING(TOBACCO)	धूम्रपान (तम्बाकू) 	0.14
YARN FIBRE	यार्न फाइबर 	0.03			

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### FOOD (NON-VEG)

ALLERGEN	हिन्दी नाम	VALUE	ALLERGEN	हिन्दी नाम	VALUE
BEEF	गायकामांस	0.335	SHRIMP	दसपांवकीमछली	0.11
FISH	मछली	0.02	CHICHEN MEAT	कामांस	0.14
MUTTON	बकराकामांस	0.33	CRAB	केकड़ा	0.14
PORK	सूअरकामांस	0.02	PRAWN	झीरंगा	0.03



**Dr. YUGAM CHOPRA**  
MBBS,MD (Consultant Pathologist)

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***INTERPRETATION:***

<i>RAST CLASS</i>	<i>CONCENTRATION (IU/ml)</i>	<i>IMPRESSION</i>
0	< 0.35	NOT DETECTABLE
1	0.35 – 0.70	LOW
2	0.70 – 3.50	MODERATE
3	3.50 – 17.50	CLEARLY POSITIVE
4	17.50 – 50.00	STRONGLY POSITIVE
5	50.00 – 100.00	VERY STRONG POSITIVE
6	> 100	EXTREMELY POSITIVE

The Worldwide frequency of allergies has increased significantly over the past decades. The term allergy is used for TYPE 1 HYPERSENSITIVITY REACTIONS (IMMEDIATE TYPE REACTIONS). Symptoms generally occur 30-60 mins after contact with allergen.

**SYMPTOMS ARE:**

- 1.HAY FEVER (RHINITIS)
- 2.CONJUNCTIVITIS
- 3.HIVES (URTICARIA)
- 4.ALLERGIC ASTHAMA
- 5.ANAPHYLACTIC SHOCK (MOST DANGEROUS)

The allergens causing Type 1 hypersensitivity reactions are mostly protein derived from the natural environment e.g. Plant pollens, animal,hair,food ,mites and insect venom. The characteristics of type 1 allergies is the environment of allergen specific immunoglobins (antibodies) of class E (IgE). Hence the detection of IgE is an important tool of modern allergy diagnostics.

**IMPORTANT NOTE FOR DRUG ALLERGY:**

- 1.A DRUG ALLERGY IS AN ALLERGY CAUSED BY MEDICATION.
- 2.A PSEUDO ALLERGIC OR ANAPHALACTIOD REACTION, LOOKS LIKE AN ALLERGY DRUG REACTION, BUT IT MAY NOT BE ALLERGY. DRUG CONTAINS MANY DIFFERENT SUBSTANCES LIKE DYES, CHEMICALS WHICH CAN CAUSE ALLERGY LIKE REACTIONS. BUT IT MAY BE DRUG INTOLERANCE OR HYPERSENSITIVITY.
- 3.TRUE DRUG ALLERGY TEST IS IgE MEDIATED REACTION, IT DOES NOT HAPPEN THE FIRST TIME YOU TAKE A MEDICATION, MUCH MORE LIKELY TO OCCUR AFTER YOUR BODY HAS BEEN EXPOSED TO THE MEDICATION AT LEAST ONCE OR MORE, THE FIRST EXPOSURE ALLOWS BODY TO CREATE ANTIBODY AND MEMORY LYMPHOCYTE CELLS FOR THE ANTIGEN.
- 4.A DRUG ALLERGY IS MORE LIKELY TO DEVELOP WITH LARGE DOSES AND EXTENDED DOSES, STUDY SHOWS THAT ONLY 5% TO 10 % OF THESE REACTIONS ARE DUE TO ALLERGY DUE TO MEDICATION.

**TECHNOLOGY/METHOD:** FOR IN VITRO DIAGNOSIS. THIS IS AN ENZYME IMMUNOASSAY (EIA) ON A NITRO-CELLULOSE MEMBRANE (ENZYME IMMUNOBLOT) FOR THE QUANTITATIVE DETERMINATION OF ALLSTANDARDS\*ERGEN SPECIFIC IgE ANTIBODIES IN HUMAN SERUM OR PLASMA.

**QUALITY CONTROL:**5 STANDARDS \*